

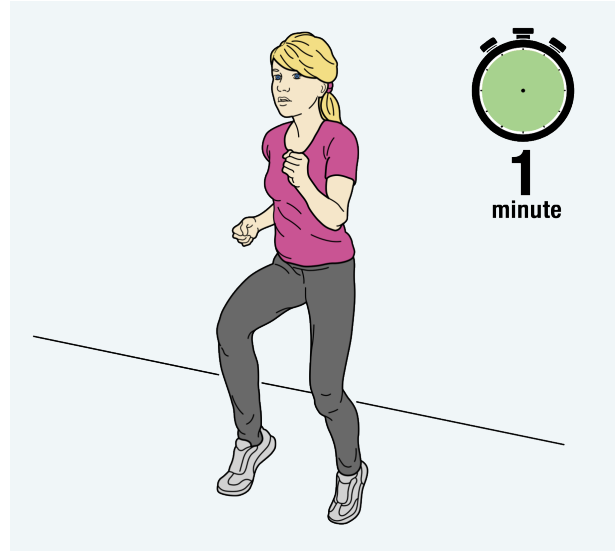
Activity 7: Feeling temperature #2

Video demonstration



1. Standing still, bring your attention to your hands. Now touch your face with your hands.

How does your face feel? Does it feel warmer or cooler than your hands?



2. Now, jog really fast on the spot for one minute.



3. Stop after one minute and touch your face with your hands.

How does your face feel now? Does your face feel warmer or cooler than before?

Follow-on activity:

How can you measure body temperature? Does your face get hotter or colder if you go outside?