







Planning for change

Record any suggestions or information that would help your child adjust to changes in routines or special events at school. Discuss or share with your child's teacher.

Student's name:

Parent's name:

Planning for changes in routine

When this change in routine occurs	
How my child might feel	
What this might look like	
These are some things we do at home to help my child	
These are some other things that might help my child at school	
Anything else I want to highlight about my child	
Other comments	



Resources for families: <https://studentwellbeinghub.edu.au/parents/starting-school>